



*Specially
For You*

**Maha Al.Balushi:
by my insistence,
I am in the sky**

**For more fresh skin
Your home .. How to
make it a place for
rest and relaxation.**

**When we get older ...
Are our children replying us
the good treatment**

**5 light and healthy meals
not exceeding 100 calories**

**Can the garbage be
turned into jewelry.**

March2018



OULD MILANO



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Printers and Publishers:

Oman Establishments
For Press, Publication
and Advertising.
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From the Editor

It's our great pleasure to introduce the first issue of "Specially For You " magazine, which deals with women's affairs and interests.

You will discover in the magazine articles on different topics about:

- **Motherhood**
- **health**
- **lifestyle**
- **Decoration**
- **fashion**
- **Proper,nutrition and diet**

In each issue we will mention a success story for an Omani woman who challenge obstacles and circumvents the circumstances in order to limit what they aspire to. Our magazine seeks to be your first destination when you want to see the latest fashion trends, the most important tips in how to best deal with your child. It's your guide in coordinating the decor of your home and the way to prepare the most healthy meals. It provides you with many health information and the best ways to deal with various cases of disease .. In short you will find everything you need in your hands. "Specially For You " published by Oman Establishment For Press,Publication and Advertising (OEPPA). OEPPA is client driven,entrepreneurial,and dedicated to providing the best value to its readers. You can send your comments and feedback to us for further improvements. Hope you will enjoy reading.

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Maha Al.Balushi: by my insistence, I am in the sky

“Maha Balochiya is the first Omani woman in the profession of “Pilot Officer” in Oman Air. This is an interview with alkhaleej Newspaper:

You are the first pilot captain to join the Oman Air crew, when did you decide that this is the area where you will complete your life?

-Since elementary school, when teachers were asking us in school what do we want to become in the future? I'd tell them a pilot. I think that passion has

come from my father's many trips from childhood. I saw the pilots in

their distinctive uniforms and sometimes they invited me to visit them in the cockpit. I had moments of memory in my memory and decided my future, and I was encouraged by my father constantly. My father had military leanings, although he did not enter this area but encouraged me to enter and support me during that long march.

Can we talk about your flight studies?

I first started thinking about aeronautical studies after I finished high school and thought of joining the Air Force. But this area for females depended on the competence of air navigation and the women did not have the command of airplanes. Then I postponed the idea and joined Sultan Qaboos University in the Faculty of Commerce and Economics. 2009 was a marketing qualification, but aviation seemed to be my destiny. After graduating, Oman Air announced a competition to select pilots and I was one of the first to come up with hundreds of others.

Were there other girls among the applicants?

There were four other girls & hundreds of young people. The students were selected according to the results of the secondary school and the required age 15 to 28 years. At this stage I was the only acceptable girl. After that we were subjected to written examinations, personal interview and medical examination, followed by a psychological examination. After all these tests only 15 applicants were successful and I was one of them and we were sent to the aviation school in Australia.

How long did it take to study in Australia and what stages did you go there?

The study in Australia was in stages to obtain certain driving licenses, after every 3 to 4 months of theoretical and practical study I get a license, the first license was a pilot license, then a private pilot license and a commercial pilot license which I own today.

Instagram:
@polotmaha



After you got your pilot's license, what was the next stage?

- After finishing a hundred hours of flying got the certificate of the pilot and then moved to commercial pilot stage and this is done on the Cessna 182 engine six cylinders and more powerful, and then moved to the stage of rehabilitation on a long aircraft Piper two engines and fly according to different laws and higher altitudes and training Emergency services such as the loss of one engine and with one engine, and when we finished this stage we got the certificates of commercial pilot and returned to the Sultanate.” (Maha Balochiya is the first pilot captain woman in Oman Air, 25/9/2012)

Asked by “Atheer” about the work on Oman Air and its flights, Maha replied:

“I have a license to pilot captain and I travel with a pilot, so that one of us drives the plane and the other controls the flight and follow-up, and the rotation of roles between us one on departure and the other at the return. I currently travel to European countries, EastAfrica and sometimes the Gulf states and Salalah. The longest flight I have ever made to the Philippines was 9 hours and a half of non-stop because Oman Air flies directly from Muscat, with the exception of flights from Muscat to Singapore and stops in Kuala Lumpur for one hour only, she added.

What difficulties have you encountered?

The most difficult challenge is the beginning after I return from school and the community accepts the idea that a woman drives an airplane as the field is limited to men for many years and how a woman now comes! They were frustrating to me, but thank God with time they start accepting the reality, and today I have been doing my job for three and a half years with all dedication and pride.” (Aljawari, 10/may/2016)

Pilot Maha Albulushi

“Al-Balochiya addressed a final word to every Omani woman who wishes to join the field. (Invite the sons and daughters of this next generation to strive for their ambitions and choose their university majors with greater awareness and wider horizons regardless of their gender. Transform these challenges into positive points through which they can strengthen their will and strengthen their resolve.)” (shukali, 17 oct2017)



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DON'T JUST HIDE IT
FIGHT IT

NEW BB CREAM WITH PURIFYING TEA TREE

– Jacqueline Fernandez
(ACTRESS)



BB CREAM



TEA TREE

THE BODY SHOP®

<http://lovethyred.com/2014/09/event-the-body-shop-launches-the-new-tea-tree-flawless-bb-cream/>



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